

Sensory stories

Sensory stories are a great way to make story telling interactive and fun for all involved. Please see below for some simple sensory story ideas you may like to try from home.

We're going on a bear hunt

Youtube link for the story: <https://www.youtube.com/watch?v=Waoa3iG3bZ4>

Sensory bottles: filling bottles with grass, water and blue food colouring, water and soil, leaves and twigs, cotton wool or flower. You may want a sheet to create a cave, a teddy bear to find and a blanket to get under for the end of the story.



Sensory trays for hands and feet: filling trays with grass, water, soil, leaves and cotton wool for each theme of the story. You may want a sheet to create a cave, a teddy bear to find and a blanket to get under for the end of the story.

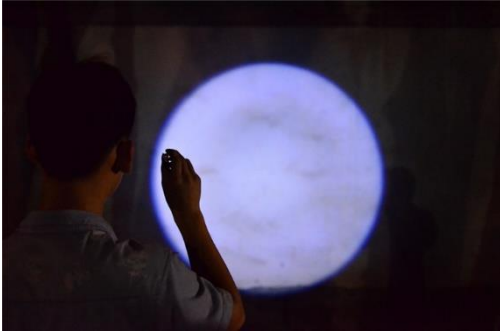


The very hungry caterpillar

Youtube link to the story: <https://www.youtube.com/watch?v=75NQK-Sm1YY>

Sensory objects :

- Torch for the moon and the sun using different settings, low setting for moon and bright setting for the sun.



- Real leaves for the leaf.



- Bubbles for when the caterpillar pops out of the egg



- Something fluffy or a scarf for the caterpillar



- Use bells a musical instrument or rice in a bottle to shake for each time the sentence “But he was still hungry” is said.



- For the fruit and foods if you have access to the real objects this is great but there are plenty so please see below for the symbols. You could use materials and objects that are the same colour to explore for each food item. If you have different hands creams you could use these for smelling and massage for the different food items.



On Monday he ate
through one apple.
But he was still hungry.



On Tuesday he ate
through two pears.
But he was still hungry.



On Wednesday he ate
through three plums,
but he was still hungry.



On Thursday he ate
through four strawberries,
but he was still hungry.



On Friday he ate
through five oranges,
but he was still hungry.



one piece of
chocolate cake,



one ice
cream cone,



one pickle,



one slice of
Swiss Cheese,



one slice
of salami,



one lollipop,



one piece
of cherry pie,



one sausage,



one cupcake,



and one slice
of watermelon

- Hide under a blanket for the cocoon



- You can use bright coloured material to be the butterfly wings and a fan to create the wind of them flapping.



Goldilocks and the three bears

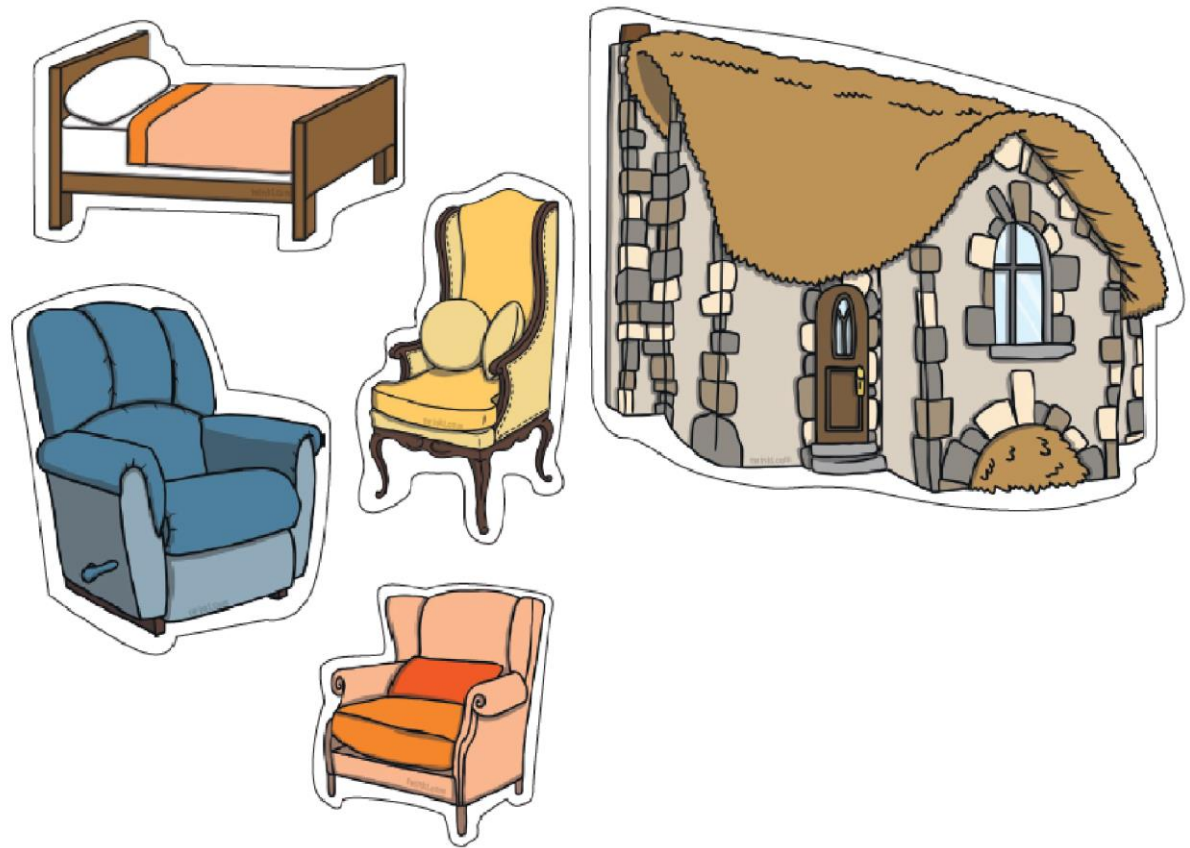
Youtube link to the story: <https://www.youtube.com/watch?v=0oUP2PFeOi8>

Sensory objects :

- Yellow material or a doll for Goldilocks
- Teddy bears or fluffy material for the bears
- Three bowls and spoons. If you have porridge you can use it dry or wet, if not any grains or water for exploring.
- Feeling different objects of different sizes. You could use cushions, toy chairs, chairs around the home or different sized objects like Lego and Duplo bricks to represent the chairs.
- Feeling different objects for the beds. You could use pillows, blankets and objects that are hard and soft to represent the beds.

Printable small world objects





Goldilocks and the three bears masks: please see below





Baby Bear



